

2024 EASTERN ILLINOIS VOLLEYBALL

2024 SCHEDULE

AUGUST

24 ILLINOIS STATE (Exib.) 4 p.m.
30 MARQUETTE 6 p.m.

SEPTEMBER

6 #Memphis 1 p.m.
6 #Jackson State 4 p.m.
7 #at Southern Illinois 1:30 p.m.
13 ^South Dakota State 12 p.m.
13 ^at Bradley 6:30 p.m.
14 ^at Bradley 6:30 p.m.
20 %Austin Peay 1 p.m.
20 %at Western Kentucky 7 p.m.
21 %Arkansas State 11 a.m.
27 *at Lindenwood 6 p.m.
28 *at Lindenwood 2 p.m.

OCTOBER

3 *SOUTHERN INDIANA 6 p.m.
4 *SOUTHERN INDIANA 4 p.m.
10 *at Western Illinois 6 p.m.
11 *at Western Illinois 4 p.m.
15 *SIUE 6 p.m.
18 *TENNESSEE TECH 6 p.m.
19 *TENNESSEE TECH 4 p.m.
24 *at SEMO 6 p.m.
25 *at SEMO 5 p.m.
29 *at SIUE 6 p.m.

NOVEMBER

8 *LITTLE ROCK 6 p.m.
9 *LITTLE ROCK 4 p.m.
14 *at Morehead State 5 p.m.
15 *at Morehead State 4 p.m.
19 *TENNESSEE STATE 6 p.m.
20 *TENNESSEE STATE 4 p.m.

All times in Central and subject to change

Home games in **BOLD CAPS**

* Ohio Valley Conference Game

SIU Saluki Bash

^ Bradley Braves Tournament

% Alyssa Cavanaugh WKU Tournament

Media Contact: Will Barnhart • wfbarnhart@eiu.edu • 706-970-5701

MATCH 1



EASTERN ILLINOIS (0-0, 0-0 OVC)

Head Coach: Sara Thomas (Missouri State, 2009)

Record at EIU: 57-53 (5th season)

Career Record: 57-53



MARQUETTE (0-0, 0-0 BIG EAST)

Head Coach: Ryan Theis (Wisconsin-Milwaukee, 2000)

Record at Marquette: 212-67 (10th season)

Career Record: 355-121

Saturday, August 30th | 6 PM

Charleston, Ill. | Groniger Arena

TV: ESPN+

SERIES HISTORY

Record: 10-3 EIU

Streak: L2

First Meeting: 11/20/1981 (2-0 EIU)

Last Meeting: 11/30/2023 (3-0 Marquette)

STAT CHAT (2023)

EIU	CATEGORY	Opponent
1702	Kills	1341
.273	Hitting %	.178
1603	Assists	1254
245	Aces	172
172	Reception Errors	245
1867	Digs	1593
219.5	Blocks	233.5
50	Blocking Errors	56
14	Ball-Handling Errors	15

MU	CATEGORY	Opponent
1482	Kills	1405
.241	Hitting %	.189
1381	Assists	1343
198	Aces	136
136	Reception Errors	198
1816	Digs	1720
255.5	Blocks	199.5
31	Blocking Errors	42
11	Ball-Handling Errors	30

ON TAP

- The Eastern Illinois volleyball team is set to open up the 2024 regular season with a home match against nationally ranked Marquette on Friday evening.
- The Panthers are coming off of a historic 2023 campaign that saw them win 28 games on their way to an OVC Championship and NCAA Tournament berth.

2023 OVC CHAMPIONS

QUICK FACTS

UNIVERSITY INFORMATION

Location Charleston, Ill. (21,000)
Year Founded 1895
Enrollment 7,876
Nickname Panthers
School Colors Blue, Gray, White & Black
Affiliation NCAA Division I
Conference Ohio Valley
President Dr. Jay D. Gatrell
Alma Mater Eastern Michigan
Director of Athletics Tom Michael
Alma Mater, Year Illinois, 1993
Athletics Phone 217-581-6014

COACHING STAFF

Head Coach Sara Thomas
Alma Mater, Year Missouri State, 2009
Record at EIU (Yr.) 57-53 (5)
Career Record 57-53
OVC Record (Yr.) 31-39 (5)

Assoc. Head Coach (Yr.) ... Manolo Concepcion (4)
Asst. Coach (Yr.) Ignacio Voldemoros (3)
Graduate Asst. (Yr.) Paige Gardella(1)

Strength Coach Joe Niehaus
Athletic Trainer Brooke Andersen

STADIUM INFORMATION

Home Arena Groniger Arena
Capacity 5400

TEAM INFORMATION

2023 Record 28-5 (.848)
Conference Record 15-3 (.833)
Returners 7

PROGRAM HISTORY

First Year of Program 1975
NCAA Div. I Tournament App. (Last) 2 (2023)
NCAA Div. I Tournament Record 0-1
OVC Regular-Season Titles (Last) 3 (2023)
OVC Tournament Titles (Last) 4 (2023)
All-Time Record 794-650 (.550)
All-Time OVC Record 206-182 (.531)

SPORTS INFORMATION

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MATCH NOTES

OPPONENT PROFILE:

Marquette finished the 2023 season with an overall record of 21-11. They won the Big East regular season title with a conference record of 16-2 before advancing to the second round of the NCAA Tournament.

The Golden Eagles came in at #24 in the AVCA Preseason Top 25 and have been tabbed to finish second in the Big East Conference.

They return four two-time All-Big East selections in Yadhira Anchante, Hattie Bray, Carsen Murray, and Aubrey Hamilton. Hamilton is a two-time AVCA All-Region selection, while Bray was also named to the All-Region team a season ago.

Marquette is led by head coach Ryan Theis. He has recorded a record of 212-67 through ten seasons in Milwaukee, and his 355-121 career record places him among the top 15 active NCAA Division I head coaches in win percentage (.746). Theis has led Marquette to the NCAA Tournament nine times, including Sweet 16 runs in 2018 and 2022. He served as an assistant coach for EIU's 2001 NCAA Tournament team.

2023 REVIEW

Eastern got out to a school-record 10-0 start that included three tournament championships and a win over the SEC's Missouri Tigers, who were later selected to the NCAA Tournament as an eight seed.

The Panthers would go on to put together a mostly dominant OVC run, which culminated in the program's first outright regular season OVC title since 1998.

As champs, EIU got to host the conference tournament, where they swept away Little Rock, Southern Indiana, and Southeast Missouri State on their way to claiming another championship and the NCAA Tournament auto-bid, the program's first in over two decades.

Multiple Panthers earned OVC weekly honors throughout the season, and four Panthers were named the All-OVC First-Team, including Giovana Larregui López, Christina Martinez Mundo, Natalie Mitchem, and Catalina Rochaix.

In addition, Larregui López was named the conference's Player of the Year for the second consecutive season, while Rochaix took home Setter of the Year honors

MATCH NOTES

PREDICTED ORDER OF FINISH:

Southeast Missouri was picked to finish first in the OVC Preseason Poll with 167 total points and six first-place votes, narrowly edging out the Panthers who were selected second with 166 total points and five first-place votes.

Morehead State was predicted to finish third, while Tennessee Tech and Lindenwood rounded out the top five. They were followed in order by Southern Indiana, UT Martin, SIUE, Western Illinois, Little Rock, and Tennessee State.

PRESEASON ACCOLADES:

Catalina Rochaix was selected to the Preseason All-OVC Team, while Kaitlyn Flynn was tabbed as the Panthers' Player to Watch.

Rochaix was named OVC Setter of the Year a season ago after leading the league in assists (1279) and assists per set (11.03). She appeared and started in 31 matches, recording 40 or more assists in 16 matches, including six matches with at least 50 assists. Rochaix also posted eight assist-dig double-doubles on the season.

After being selected First-Team All-OVC as a sophomore, Flynn appeared in 31 matches with 29 starts during the 2023 season. She was third on the team in kills with a season total of 282 for an average of 2.54 kills per set, while her 752 attack attempts were also third on the team. Flynn reached double-digit kills in 15 matches and had 33 total blocks, including nine solo efforts.

PANTHERS WELCOME EIGHT NEWCOMERS:

Over half of this season's roster will be made up of new additions.

After losing three all-conference selections to graduation, Head Coach Sara Thomas and staff were able to reload by bringing in a sizeable eight-player class that features four freshman and four transfers.

EIU also welcomes back Ireland Hieb, who returns for her fifth season at EIU after not playing in 2023.

50 YEARS OF EIU VOLLEYBALL:

The 2024 season marks the 50th year of Panthers volleyball. EIU began competing at the NCAA Division II level in 1975 before making the jump to Division I in 1982. The Panthers hold an all-time record of 794-650 (.550).

NEXT UP:

The Panthers will head south for the SIU Saluki Bash in Carbondale next weekend.

They will face off with Memphis (1 p.m.) and Jackson State (4 p.m.) on Friday, September 6th before closing out the event against the Salukis on Saturday at 1:30 p.m.

AROUND THE OVC

2024 PRESEASON POLL

1. Southeast Missouri (6) - 167
2. Eastern Illinois (5) - 166
3. Morehead State (5) - 163
4. Tennessee Tech (4) - 152
5. Lindenwood (1) - 145
6. Southern Indiana - 97
7. UT Martin - 84
8. SIUE (1) - 83
9. Western Illinois - 74
10. Little Rock - 51
11. Tennessee State - 29

2024 Preseason All-OVC Team

Lucy Arndt, Southeast Missouri
 Keyana Cruse, Western Illinois
 M.E. Hargan, Morehead State
 Madolyn Isringhausen, Tennessee Tech
 Jordan Karlen, Tennessee Tech
Catalina Rochaix, Eastern Illinois
 Jessie Seidel, Lindenwood
 Nyah Wilson, Lindenwood
 Irene Wogenstahl, Morehead State

2024 OVC Players to Watch

Kaitlyn Flynn, Eastern Illinois
 Allie Otten, Lindenwood
 Bella Cherry, Soph, Little Rock
 Peighton Isley, Morehead State
 Sydney Hummert, SIUE
 Abby Johnson, Southeast Missouri
 Bianca Anderson, Southern Indiana
 Sagaia Reilly, Tennessee State
 Mallory Jenkins, Tennessee Tech
 Dylan Mott, UT Martin
 Maggie Craker, Western Illinois



RECENT RESULTS & UPCOMING SCHEDULE

Friday, August 30th

10 a.m.
 Tennessee Tech vs. Austin Peay
 Southern Indiana vs. St. Thomas
 SIUE vs. Eastern Michigan
 UT Martin vs. Citadel
 11 a.m.
 Lindenwood vs. Central Michigan
 1 p.m.
 Little Rock at TAMU-Commerce
 SEMO at Arkansas State
 3:00 p.m.
 Morehead St. vs. Western Kentucky
 Southern Indiana vs. DePaul
 3:30 p.m.
 Lindenwood vs. Bellarmine
 UT Martin vs. Grambling State
 4:00 p.m.
 Little Rock vs. Tarleton State
 SEMO vs. St. Louis
 6 p.m.
 Eastern Illinois vs. Marquette
 Western Illinois at Northern Illinois
 7 p.m.
 SIUE vs. Valparaiso
 Tennessee Tech at Memphis

Saturday, August 31st

10 a.m.
 Tennessee State vs. Boise State
 11 a.m.
 Little Rock vs. Central Arkansas
 SEMO vs. Ole Miss
 2 p.m.
 UT Martin at Alabama
 4 p.m.
 SIUE at IU Indy

4:30 pm

Southern Indiana at Bradley

6:30

Lindenwood at Illinois State

Morehead St. vs. Northern Kentucky

7 p.m.

Western Illinois vs. Milwaukee

Sunday, September 1st

12 p.m.

Morehead State. at Kentucky

12:30 p.m.

Tennessee State at Arizona

2023 OHIO VALLEY CONFERENCE STANDINGS

Team	OVC			OVERALL				
	W	L	PCT.	W	L	PCT.	HOME	STREAK
1. Eastern Ill.	15	3	.833	28	5	.848	13-3	L1
2. SEMO	12	6	.667	22	10	.688	9-3	L1
3. Morehead St.	11	7	.611	18	13	.581	12-3	L1
4. Lindenwood	11	7	.611	16	15	.516	7-6	L1
5. Southern Ind.	10	8	.556	15	16	.484	7-5	L1
6. Tenn. Tech	9	9	.500	13	17	.433	5-7	L1
7. Little Rock	8	10	.444	11	19	.367	5-4	L1
8. Western Ill.	8	10	.444	9	21	.300	5-6	L3
9. SIUE	7	11	.389	13	16	.448	8-3	L2
10. UT Martin	6	12	.333	8	20	.286	4-5	L6
11. Tenn. State	2	16	.111	2	26	.071	0-11	L16

2024 NUMERICAL ROSTER

#	Player	Pos.	HT	YR	Hometown/Previous School
2	Laura Paniagua	L/DS	5-5	Sr.	Santo Domingo, Dominican Republic (Colegio APEC)
3	Tori Mohesky	OH/OPP	5-11	Jr.	Breese, Ill. (Mater Dei Catholic HS)
5	Ariadna Pereles	L/DS	5-5	Fr.	Guaynabo, Puerto Rico (Colegio Adianez)
6	Destiny Walker	OH/OPP	5-10	Fr.	Rio Grande, Puerto Rico (CIEM Private School)
7	Katie Kopshever	OH/OPP	5-11	Fr.	Newburgh, Ind. (Castle)
9	Catalina Rochaix	S	5-9	Jr.	Cordoba, Argentina (Escuela Normal Superior Jose Figueroa Alcorta)
10	Matilda Dahlstrom	OH	6-1	Jr.	Malmo, Sweden (Allebergsgymnasiet)
11	Kaitlyn Flynn	OH	6-2	Sr.	Rockford, Ill. (Lakes Guilford HS)
12	Karli Mann	OH/OPP	5-10	Fr.	Herrin, Ill. (Herrin)
13	Manon Braunsteffer	MB	6-2	Jr.	Paris, France (Ethienne Jules Marrey)
14	Lilli Amettis	OH/OPP	5-9	Jr.	Forsyth, Ill. (Maroa Forsyth HS)
17	Julia Stanev	MB	6-3	So.	Reggio Emilia, Italy (Liceo Linguistico G. Marconi School)
20	Julia Udell	L/DS	5-4	R-Jr.	Fullerton, Calif. (Whittier Christian)
21	Ireland Hieb	MB	6-2	Gr.	Highland Park, Ill. (Highland Park)
22	Emma Schroeder	MB	6-2	Jr.	Rockton, Ill. (Hononegah/Kent State)
23	Sylvia Hasz	S	6-0	Jr.	Rochelle, Ill. (Rochelle Township HS)

COACHING STAFF:

Head Coach: Sara Thomas (Missouri State, 2009), 5th year

Associate Head Coach: Manolo Concepcion (Ashford, 2008), 4th year

Assistant Coach: Ignacio Valdemoros, 3rd year

Graduate Assistant: Paige Gardella (Dayton, 2024), 1st year

PRONUNCIATIONS:

- | | |
|--|---------------------------------|
| 2. Laura Paniagua - LAO-ruh Pahn-ee-agua | 14. Lilli Amettis – Uh-meet-iss |
| 5. Ariadna Pereles - Ar-ee-odd-nuh | 17. Julia Stanev – Stah-nev |
| 7. Katie Kopshever - Cop-shever | 20. Julia Udell - You-dell |
| 9. Catalina Rochaix – Row-CHI | 21. Ireland Hieb - Heeb |
| 10. Tori Mohesky – Mo-hess-key | 23. Sylvia Hasz – Has |

2024 PHOTO ROSTER



**#2. LAURA PANIAGUA
JR. - L/DS
SANTO DOMINGO, D.R.**



**#3. TORI MOHESKY
JR. - OH/OPP
BREESE, ILL.**



**#5. ARIADNA PERELES
FR. - L/DS
GUAYNABO, PUERTO RICO**



**#6. DESTINY WALKER
FR. - OH/OPP
RIO GRANDE, PUERTO RICO**



**#7. KATIE KOPSHEVER
FR. - OH/OPP
NEWBURGH, IND.**



**#9. CATALINA ROCHAIX
JR. - SETTER
CORDOBA, ARGENTINA**



**10. MATILDA DAHLSTROM
JR. - OH
MALMO, SWEDEN**



**#11. KAITLYN FLYNN
SR. - OH
ROCKFORD, ILL.**



**#12. KARLI MANN
FR. - OH/OPP
HERRIN, ILL.**



**#13. MANON BRAUNSTEFFER
JR. - MB
PARIS, FRANCE**



**#14. LILLI AMETTIS
JR. - OH/OPP
FORSYTH, ILL.**



**#17. JULIA STANEV
SO. - MB
REGGIO EMILIA, ITALY**



**#20. JULIA UDELL
R-JR. - L/DS
FULERTON, CALIF.**



**#21. IRELAND HIEB
GR. - MB
HIGHLAND PARK, ILL.**



**#22. EMMA SCHROEDER
JR. - MB
ROCKTON, ILL.**



**#23. SYLVIA HASZ
JR. - SETTER
ROCHELLE, ILL.**

HEAD COACH SARA THOMAS



QUICK FACTS

CAREER RECORD: 57-53

CONFERENCE RECORD: 31-39

ALMA MATER: MISSOURI STATE (2009)

YEAR AT EIU: 5TH

Eastern Illinois head volleyball coach Sara Thomas has had success at all levels of volleyball both as a player and as a coach. Hired as the 13th head volleyball coach in December 2019, Thomas completed her fourth season (2023 campaign) with the Panthers posting a 28-5 record and a 15-3 record in conference play. In 2023, Thomas was named the OVC's Coach of the Year after guiding Eastern to their first OVC regular season title since 2004, and their first outright since 1998, as the Panthers posted their highest win total in over four decades. EIU also won the OVC Tournament to claim their first NCAA Tournament bid since the 2001 season

Under Thomas' leadership, Giovana Larregui Lopez won her second OVC Player of the Year award, while Catalina Rochaix was named the conference's Setter of the Year. Four Panthers were named to the All-OVC First Team, including Larregui Lopez and Rochaix, as well as Christina Martinez Mundo and Natalie Mitchem. As a team in 2023, EIU recorded 1702 kills, which led the OVC and were the most by a Panthers team since 2014. Eastern also led the conference in hitting percentage (.273), assists (1603, 12.93 APS), service aces (245, 1.98 APS), and points (2166.5, 17.47 PPS). Their .275 team hitting percentage was the best in program history, and their 245 service aces were the most in the rally scoring era (since 2001).

Success has followed Thomas throughout the stages of her volleyball career as both a prep and collegiate player where she helped lead Missouri State to three straight NCAA Tournament appearances capped by Missouri Valley Conference Defensive Player of the Year honors as a senior. As a coach Thomas has had success working with USA Volleyball as a High Performance Coach and as the club director at Metro East Fire VBC. As the head coach at Belleville Althoff Catholic High School she led the school on several deep runs in the IHSA State Tournament winning the 2017 IHSA Class 3A State Title with a 41-1 record. She continued that success as an assistant coach on the collegiate level at her alma mater, Missouri State, helping the program continue its streak of NCAA Tournament appearances before taking over the EIU program and increasing the win total in just two quick seasons.

ASST. COACHES



MANOLO CONCEPCION
ASSOC. HEAD COACH
4TH SEASON



IGNACIO VALDEMOROS
ASST. COACH
3RD SEASON



PAIGE GARDELLA
GRADUATE ASST.
1ST SEASON

OVERALL SEASON STATS (2023)



2023-24 Eastern Ill. Women's Volleyball Overall Individual Statistics All games

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as of Apr 16, 2024

Game Records

Overall	Conference	Home	Away	Neutral
28 - 5	15 - 3	14 - 3	10 - 1	4 - 1

Team Box Score

				Attack					Set				Serve				
##	Player	SP	MP-MS	K	K/S	E	TA	PCT	A	A/S	TA	PCT	SA	SA/S	SE	TA	PCT
1	Witherspoon, Layne	43	22-7	42	0.98	15	109	.248	0	0.00	5	.000	0	0.00	2	17	.882
2	Paniagua, Laura	113	32-0	0	0.00	1	5	-.200	20	0.18	80	.250	36	0.32	38	428	.911
4	Martinez Mundo, Christina	120	33-0	3	0.03	2	15	.067	121	1.01	364	.332	39	0.33	38	488	.922
7	Mitchem, Natalie	117	32-32	405	3.46	93	897	.348	4	0.03	44	.091	0	0.00	0	1	1.000
8	Navarro, Masyn	67	24-2	0	0.00	0	7	.000	6	0.09	54	.111	10	0.15	13	196	.934
9	Rochaix, Catalina	116	31-31	56	0.48	24	214	.150	1279	11.03	3006	.425	25	0.22	19	460	.959
10	Mohesky, Tori	39	18-2	41	1.05	24	137	.124	2	0.05	7	.286	6	0.15	15	106	.858
11	Flynn, Kaitlyn	111	31-29	282	2.54	141	752	.188	14	0.13	48	.292	13	0.12	14	135	.896
12	Dean, Kate	106	29-29	209	1.97	53	474	.329	7	0.07	19	.368	11	0.10	19	137	.861
13	Collins, Ella	13	7-2	49	3.77	16	106	.311	1	0.08	5	.200	0	0.00	0	12	1.000
14	Amettis, Lilli	15	8-0	14	0.93	13	49	.020	1	0.07	6	.167	0	0.00	0	0	.000
15	Larregui Lopez, Giovana	117	32-32	468	4.00	143	1087	.299	20	0.17	87	.230	67	0.57	87	435	.800
17	Stanev, Julia	95	27-24	82	0.86	22	205	.293	0	0.00	17	.000	0	0.00	1	2	.500
20	Wilcox, Emily	31	14-6	49	1.58	11	103	.369	0	0.00	6	.000	4	0.13	7	65	.892
23	Hasz, Sylvia	105	31-2	2	0.02	5	18	-.167	128	1.22	320	.400	34	0.32	5	369	.986
EASTERN ILL.		124	33-33	1702	13.73	563	4178	.273	1603	12.93	4068	.394	245	1.98	258	2851	.910
Opponents		124	33-33	1341	10.81	616	4064	.178	1254	10.11	4006	.313	172	1.39	255	2407	.894

			Receptions			Dig		Blocking								Points	
##	Player	SP	RE	TA	PCT	DIG	DIG/S	BS	BA	TOTAL	BLK/S	BE	BHE	PTS	PTS/S		
1	Witherspoon, Layne	43	1	5	.800	7	0.16	2	11	13	0.30	3	0	49.5	1.15		
2	Paniagua, Laura	113	18	386	.953	205	1.81	0	0	0	0.00	0	0	36.0	0.32		
4	Martinez Mundo, Christina	120	46	637	.928	676	5.63	0	0	0	0.00	0	0	42.0	0.35		
7	Mitchem, Natalie	117	0	1	1.000	37	0.32	6	71	77	0.66	7	2	446.5	3.82		
8	Navarro, Masyn	67	6	102	.941	113	1.69	0	0	0	0.00	0	0	10.0	0.15		
9	Rochaix, Catalina	116	0	7	1.000	214	1.84	2	32	34	0.29	4	7	99.0	0.85		
10	Mohesky, Tori	39	5	37	.865	49	1.26	0	3	3	0.08	2	0	48.5	1.24		
11	Flynn, Kaitlyn	111	26	165	.842	59	0.53	9	33	42	0.38	4	0	320.5	2.89		
12	Dean, Kate	106	2	6	.667	35	0.33	5	57	62	0.58	5	0	253.5	2.39		
13	Collins, Ella	13	1	26	.962	20	1.54	0	2	2	0.15	1	0	50.0	3.85		
14	Amettis, Lilli	15	0	0	.000	3	0.20	0	5	5	0.33	1	0	16.5	1.10		
15	Larregui Lopez, Giovana	117	24	733	.967	319	2.73	6	31	37	0.32	7	0	556.5	4.76		
17	Stanev, Julia	95	0	2	1.000	2	0.02	14	85	99	1.04	15	2	138.5	1.46		
20	Wilcox, Emily	31	0	1	1.000	9	0.29	1	18	19	0.61	1	0	63.0	2.03		
23	Hasz, Sylvia	105	0	1	1.000	119	1.13	0	1	1	0.01	0	3	36.5	0.35		
-	TEAM	-	43	-	-	-	-	-	-	-	-	-	-	-	-		
EASTERN ILL.		124	172	2152	.920	1867	15.06	45	349	219.5	1.77	50	14	2166.5	17.47		
Opponents		124	245	2593	.906	1593	12.85	56	355	233.5	1.88	56	15	1746.5	14.08		

2023 CATEGORY LEADERS



2023-24 Eastern III. Women's Volleyball Category Leaders All games

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as of Aug 28, 2024

Attack (by PCT)

#	Player	S	K	K/S	E	TA	PCT
20	Wilcox, Emily	31	49	1.58	11	103	.369
7	Mitchem, Natalie	117	405	3.46	93	897	.348
12	Dean, Kate	106	209	1.97	53	474	.329
13	Collins, Ella	13	49	3.77	16	106	.311
15	Larregui Lopez, Giovana	117	468	4.00	143	1087	.299
17	Stanev, Julia	95	82	0.86	22	205	.293
1	Witherspoon, Layne	43	42	0.98	15	109	.248
11	Flynn, Kaitlyn	111	282	2.54	141	752	.188
9	Rochaix, Catalina	116	56	0.48	24	214	.150
10	Mohesky, Tori	39	41	1.05	24	137	.124
4	Martinez Mundo, Christina	120	3	0.03	2	15	.067
14	Amettis, Lilli	15	14	0.93	13	49	.020
8	Navarro, Masyn	67	0	0.00	0	7	.000
23	Hasz, Sylvia	105	2	0.02	5	18	-.167
2	Paniagua, Laura	113	0	0.00	1	5	-.200

Kill (by K)

#	Player	S	K	K/S
15	Larregui Lopez, Giovana	117	468	4.00
7	Mitchem, Natalie	117	405	3.46
11	Flynn, Kaitlyn	111	282	2.54
12	Dean, Kate	106	209	1.97
17	Stanev, Julia	95	82	0.86
9	Rochaix, Catalina	116	56	0.48
20	Wilcox, Emily	31	49	1.58
13	Collins, Ella	13	49	3.77
1	Witherspoon, Layne	43	42	0.98
10	Mohesky, Tori	39	41	1.05
14	Amettis, Lilli	15	14	0.93
4	Martinez Mundo, Christina	120	3	0.03
23	Hasz, Sylvia	105	2	0.02
8	Navarro, Masyn	67	0	0.00
2	Paniagua, Laura	113	0	0.00

Set (by A/S)

#	Player	S	A	A/S	TA	PCT
9	Rochaix, Catalina	116	1279	11.03	3006	.417
23	Hasz, Sylvia	105	128	1.22	320	.397
4	Martinez Mundo, Christina	120	121	1.01	364	.332
2	Paniagua, Laura	113	20	0.18	80	.250
15	Larregui Lopez, Giovana	117	20	0.17	87	.218
11	Flynn, Kaitlyn	111	14	0.13	48	.271
8	Navarro, Masyn	67	6	0.09	54	.111
13	Collins, Ella	13	1	0.08	5	.200
14	Amettis, Lilli	15	1	0.07	6	.000
12	Dean, Kate	106	7	0.07	19	.316
10	Mohesky, Tori	39	2	0.05	7	.286
7	Mitchem, Natalie	117	4	0.03	44	.068
17	Stanev, Julia	95	0	0.00	17	-.059
20	Wilcox, Emily	31	0	0.00	6	.000
1	Witherspoon, Layne	43	0	0.00	5	.000

Serve (by SA/S)

#	Player	S	SA	SE	SA/S	TA	PCT
15	Larregui Lopez, Giovana	117	67	87	0.57	435	.800
4	Martinez Mundo, Christina	120	39	38	0.33	488	.922
23	Hasz, Sylvia	105	34	5	0.32	369	.986
2	Paniagua, Laura	113	36	38	0.32	428	.911
9	Rochaix, Catalina	116	25	19	0.22	460	.959
10	Mohesky, Tori	39	6	15	0.15	106	.858
8	Navarro, Masyn	67	10	13	0.15	196	.934
20	Wilcox, Emily	31	4	7	0.13	65	.892
11	Flynn, Kaitlyn	111	13	14	0.12	135	.896
12	Dean, Kate	106	11	19	0.10	137	.861
13	Collins, Ella	13	0	0	0.00	12	1.000
14	Amettis, Lilli	15	0	0	0.00	0	.000
7	Mitchem, Natalie	117	0	0	0.00	1	1.000
17	Stanev, Julia	95	0	1	0.00	2	.500
1	Witherspoon, Layne	43	0	2	0.00	17	.882

2023 CATEGORY LEADERS



2023-24 Eastern Ill. Women's Volleyball Category Leaders All games

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Block (by BLK/S)

#	Player	S	BS	BA	TOTAL	BLK/S
17	Stanev, Julia	95	14	85	99.0	1.04
7	Mitchem, Natalie	117	6	71	77.0	0.66
20	Wilcox, Emily	31	1	18	19.0	0.61
12	Dean, Kate	106	5	57	62.0	0.58
11	Flynn, Kaitlyn	111	9	33	42.0	0.38
14	Amettis, Lilli	15	0	5	5.0	0.33
15	Larregui Lopez, Giovana	117	6	31	37.0	0.32
1	Witherspoon, Layne	43	2	11	13.0	0.30
9	Rochaix, Catalina	116	2	32	34.0	0.29
13	Collins, Ella	13	0	2	2.0	0.15
10	Mohesky, Tori	39	0	3	3.0	0.08
23	Hasz, Sylvia	105	0	1	1.0	0.01
4	Martinez Mundo, Christina	120	0	0	0.0	0.00
2	Paniagua, Laura	113	0	0	0.0	0.00
8	Navarro, Masyn	67	0	0	0.0	0.00

Defense (by DIG/S)

#	Player	S	DIG	DIG/S	BHE
4	Martinez Mundo, Christina	120	676	5.63	0
15	Larregui Lopez, Giovana	117	319	2.73	0
9	Rochaix, Catalina	116	214	1.84	7
2	Paniagua, Laura	113	205	1.81	0
8	Navarro, Masyn	67	113	1.69	0
13	Collins, Ella	13	20	1.54	0
10	Mohesky, Tori	39	49	1.26	0
23	Hasz, Sylvia	105	119	1.13	3
11	Flynn, Kaitlyn	111	59	0.53	0
12	Dean, Kate	106	35	0.33	0
7	Mitchem, Natalie	117	37	0.32	2
20	Wilcox, Emily	31	9	0.29	0
14	Amettis, Lilli	15	3	0.20	0
1	Witherspoon, Layne	43	7	0.16	0
17	Stanev, Julia	95	2	0.02	2

Points (by POINTS/S)

#	Player	S	POINTS	POINTS/S
15	Larregui Lopez, Giovana	117	556.5	4.76
13	Collins, Ella	13	50.0	3.85
7	Mitchem, Natalie	117	446.5	3.82
11	Flynn, Kaitlyn	111	320.5	2.89
12	Dean, Kate	106	253.5	2.39
20	Wilcox, Emily	31	63.0	2.03
17	Stanev, Julia	95	138.5	1.46
10	Mohesky, Tori	39	48.5	1.24
1	Witherspoon, Layne	43	49.5	1.15
14	Amettis, Lilli	15	16.5	1.10
9	Rochaix, Catalina	116	99.0	0.85
4	Martinez Mundo, Christina	120	42.0	0.35
23	Hasz, Sylvia	105	36.5	0.35
2	Paniagua, Laura	113	36.0	0.32
8	Navarro, Masyn	67	10.0	0.15

Receptions (by PCT)

#	Player	S	RE	RE/S	TA	PCT
7	Mitchem, Natalie	117	0	0.00	1	1.000
20	Wilcox, Emily	31	0	0.00	1	1.000
17	Stanev, Julia	95	0	0.00	2	1.000
9	Rochaix, Catalina	116	0	0.00	7	1.000
23	Hasz, Sylvia	105	0	0.00	1	1.000
15	Larregui Lopez, Giovana	117	24	0.21	733	.967
13	Collins, Ella	13	1	0.08	26	.962
2	Paniagua, Laura	113	18	0.16	386	.953
8	Navarro, Masyn	67	6	0.09	102	.941
4	Martinez Mundo, Christina	120	46	0.38	637	.928
10	Mohesky, Tori	39	5	0.13	37	.865
11	Flynn, Kaitlyn	111	26	0.23	165	.842
1	Witherspoon, Layne	43	1	0.02	5	.800
12	Dean, Kate	106	2	0.02	6	.667
14	Amettis, Lilli	15	0	0.00	0	.000
TM	TEAM	-	43	0.35	-	-

CAREER STATS



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AMETTIS, Lilli

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	EIU	85-27	175	2.06	65	453	.243	2	0.02	0	0.00	0	34	0.40	1	4	32	36	0.42	2	0	195.0	2.29
2023-24	EIU	15-8	14	0.93	13	49	.020	1	0.07	0	0.00	0	3	0.20	0	0	5	5	0.33	1	0	16.5	1.10
TOTAL		100 - 35	189	1.89	78	502	.221	3	0.03	0	0.00	0	37	0.37	1	4	37	41	0.41	3	0	211.5	2.12

Single Game Highs

Statistic	Value	
Kills	17	vs SIUE 09/24/22
Attacks	36	vs SIUE 09/24/22
Assists	1	at Morehead St. 10/20/22, vs Little Rock 10/01/22, vs UC Riverside 09/01/23
Digs	3	5 times
Blocks	5	vs Southeast Mo. St. 11/17/22
Block solos	1	at Lindenwood 11/14/22, at Tennessee St. 10/29/22, at Southeast Mo. St. 10/07/22, vs SIUE 09/23/22
Block assists	5	vs Southeast Mo. St. 11/17/22

FLYNN, Kaitlyn

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2021-22	EIU	40-17	42	1.05	47	157	-.032	3	0.08	2	0.05	5	20	0.50	3	0	11	11	0.28	0	0	49.5	1.24
2022-23	EIU	93-26	381	4.10	186	968	.201	10	0.11	26	0.28	26	192	2.06	28	8	24	32	0.34	6	1	427.0	4.59
2023-24	EIU	111-31	282	2.54	141	752	.188	14	0.13	13	0.12	14	59	0.53	26	9	33	42	0.38	4	0	320.5	2.89
TOTAL		244 - 74	705	2.89	374	1877	.176	27	0.11	41	0.17	45	271	1.11	57	17	68	85	0.35	10	1	797.0	3.27

Single Game Highs

Statistic	Value	
Kills	29	at Eastern Ky. 09/10/22
Attacks	86	at Eastern Ky. 09/10/22
Assists	3	at IU Indy 09/02/23
Serve Aces	3	vs SIUE 09/23/22, vs Oral Roberts 09/01/23, at Southern Ill. 09/09/23, vs Southern Ind. 09/18/23
Digs	16	at Southern Ind. 09/27/22
Blocks	4	at Southern Ind. 09/27/22, vs Little Rock 11/20/23
Block solos	3	at Southern Ind. 09/27/22
Block assists	4	vs Little Rock 11/20/23

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HASZ, Sylvia

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	EIU	36-21	0	0.00	3	15	-.200	92	2.56	12	0.33	3	31	0.86	0	0	0	0	0.00	2	4	12.0	0.33
2023-24	EIU	105-31	2	0.02	5	18	-.167	128	1.22	34	0.32	5	119	1.13	0	0	1	1	0.01	0	3	36.5	0.35
TOTAL		141 - 52	2	0.01	8	33	-.182	220	1.56	46	0.33	8	150	1.06	0	0	1	1	0.01	2	7	48.5	0.34

Single Game Highs

Statistic	Value	
Kills	2	vs Alabama A&M 09/08/23
Attacks	7	vs Western Ill. 11/16/23
Assists	69	vs Western Ill. 11/16/23
Serve Aces	4	vs Duquesne 09/17/22, vs Missouri 09/15/23
Digs	10	vs Lindenwood 10/13/23
Blocks	1	vs Western Ill. 11/16/23
Block assists	1	vs Western Ill. 11/16/23

HIEB, Ireland

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2019-20	EIU	62-19	152	2.45	88	446	.143	1	0.02	1	0.02	1	35	0.56	4	3	18	21	0.34	1	1	165.0	2.66
2020-21	EIU	30-12	44	1.47	36	155	.052	0	0.00	7	0.23	18	21	0.70	4	0	3	3	0.10	0	1	52.5	1.75
2021-22	EIU	66-23	116	1.76	54	296	.209	1	0.02	2	0.03	5	11	0.17	0	1	39	40	0.61	11	0	138.5	2.10
2022-23	EIU	111-32	128	1.15	70	329	.176	4	0.04	7	0.06	18	34	0.31	0	9	67	76	0.68	11	0	177.5	1.60
TOTAL		269 - 86	440	1.64	248	1226	.157	6	0.02	17	0.06	42	101	0.38	8	13	127	140	0.52	23	2	533.5	1.98

Single Game Highs

Statistic	Value	
Kills	17	vs Drake 08/31/19
Attacks	45	vs Tennessee Tech 10/18/19
Assists	1	6 times
Serve Aces	6	vs Morehead St. 02/07/21
Digs	11	vs Morehead St. 02/07/21
Blocks	8	vs Illinois 09/14/22, at Eastern Ky. 09/10/22
Block solos	2	vs Oakland 08/27/22
Block assists	8	at Eastern Ky. 09/10/22

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MOHESKY, Tori

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	EIU	49-20	80	1.63	53	287	.094	3	0.06	1	0.02	5	23	0.47	6	0	7	7	0.14	2	0	84.5	1.72
2023-24	EIU	39-18	41	1.05	24	137	.124	2	0.05	6	0.15	15	49	1.26	5	0	3	3	0.08	2	0	48.5	1.24
TOTAL		88 - 38	121	1.38	77	424	.104	5	0.06	7	0.08	20	72	0.82	11	0	10	10	0.11	4	0	133.0	1.51

Single Game Highs

Statistic	Value	
Kills	12	vs Western Ill. 11/16/23
Attacks	41	vs Western Ill. 11/16/23
Assists	1	5 times
Serve Aces	2	vs ULM 08/25/23, vs Alabama A&M 09/08/23
Digs	17	vs Western Ill. 11/16/23
Blocks	2	at Butler 08/26/22, vs Missouri 09/15/23
Block assists	2	at Butler 08/26/22, vs Missouri 09/15/23

PANIAGUA, Laura

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2023-24	EIU	113-32	0	0.00	1	5	-.200	20	0.18	36	0.32	38	205	1.81	18	0	0	0	0.00	0	0	36.0	0.32
TOTAL		113 - 32	0	0.00	1	5	-.200	20	0.18	36	0.32	38	205	1.81	18	0	0	0	0.00	0	0	36.0	0.32

Single Game Highs

Statistic	Value	
Attacks	1	5 times
Assists	3	vs Oral Roberts 09/01/23, vs Southern Ind. 09/18/23
Serve Aces	3	vs Oral Roberts 09/01/23, at Southern Ind. 09/26/23, vs Little Rock 11/20/23
Digs	14	vs Southern Ind. 09/18/23, at UT Martin 09/23/23

CAREER STATS



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ROCHAIX, Catalina

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	EIU	118-32	17	0.14	5	69	.174	769	6.52	15	0.13	13	201	1.70	0	1	2	3	0.03	0	9	34.0	0.29
2023-24	EIU	116-31	56	0.48	24	214	.150	1279	11.03	25	0.22	19	214	1.84	0	2	32	34	0.29	4	7	99.0	0.85
TOTAL		234 - 63	73	0.31	29	283	.155	2048	8.75	40	0.17	32	415	1.77	0	3	34	37	0.16	4	16	133.0	0.57

Single Game Highs

Statistic	Value	
Kills	5	vs Arkansas St. 09/08/23
Attacks	15	vs Lindenwood 10/13/23
Assists	64	at SIUE 11/11/23
Serve Aces	3	vs Morehead St. 10/06/23
Digs	14	vs Southeast Mo. St. 10/27/23
Blocks	4	vs UC Riverside 09/01/23
Block solos	1	vs Southeast Mo. St. 11/17/22, vs Southeast Mo. St. 10/28/23, vs Marquette 11/30/23
Block assists	4	vs UC Riverside 09/01/23

SCHROEDER, Emma

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2022-23	KentSt	10-5	9	0.90	9	38	.000	0	0.00	0	0.00	0	1	0.10	0	0	7	7	0.70	0	0	12.5	1.25
2023-24	KentSt	30-13	46	1.53	22	116	.207	1	0.03	0	0.00	0	12	0.40	2	0	7	7	0.23	1	0	49.5	1.65
TOTAL FOR EIU		-		0.00			.000	0.00		0.00			0.00						0.00			0.0	0.00
TOTAL		40 - 18	55	1.38	31	154	.156	1	0.03	0	0.00	0	13	0.33	2	0	14	14	0.35	1	0	62.0	1.55

Single Game Highs

Statistic	Value	
Kills	11	at Akron 09/28/23
Attacks	23	at Akron 09/28/23
Assists	1	at Eastern Mich. 11/11/23
Digs	3	at Ball St. 10/27/23
Blocks	3	at Youngstown St. 09/16/22, at Akron 09/29/23
Block assists	3	at Youngstown St. 09/16/22, at Akron 09/29/23

CAREER STATS



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STANEV, Julia

SEASON	TEAM	SM-MP	K	K/S	E	TA	PCT	A	A/S	SA	SA/S	SE	DIG	D/S	RE	BS	BA	TB	B/S	BE	BHE	PTS	PTS/S
2023-24	EIU	95-27	82	0.86	22	205	.293	0	0.00	0	0.00	1	2	0.02	0	14	85	99	1.04	15	2	138.5	1.46
TOTAL		95 - 27	82	0.86	22	205	.293	0	0.00	0	0.00	1	2	0.02	0	14	85	99	1.04	15	2	138.5	1.46

Single Game Highs

Statistic	Value	
Kills	7	at Tennessee Tech 10/21/23
Attacks	20	at Tennessee Tech 10/21/23
Digs	1	at UT Martin 09/23/23, at Southern Ind. 09/26/23
Blocks	7	vs Valparaiso 08/25/23, vs Morehead St. 10/06/23, at Tennessee Tech 10/20/23, at Tennessee Tech 10/21/23
Block solos	2	vs Valparaiso 08/25/23, vs Morehead St. 10/05/23, vs Lindenwood 10/13/23
Block assists	7	vs Morehead St. 10/06/23, at Tennessee Tech 10/20/23

MATCH-BY-MATCH STATS