

2021-22 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



**ALICIA
ADAMS**

Sprints ... Sophomore

Homewood, Illinois
Homewood-Flossmoor HS

Meets Completed: 7

EVENT	RESULT	MEET
60 meters.....	7.97	John Craft Invite (1/15)
200 meters.....	25.73	OVC Indoor Championships (2/24)
400 meters.....	59.53	Grand Valley State (2/11)

PERSONAL BESTS	EIU RECORD BOOK
60 meters.....	7.97
200 meters.....	25.73
400 meters.....	58.95



**MEGAN
ADAMS**

Distance ... R-Sophomore

Mendon, Illinois
Mendon Unity HS

Meets Completed: 0

EVENT	RESULT	MEET
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PERSONAL BESTS	EIU RECORD BOOK
800 meters.....	2:21.71
Mile	5:16.04



**MACKENZIE
ALDRIDGE**

Distance ... Sophomore

Crystal Lake, Illinois
Crystal Lake South HS

Meets Completed: 0

EVENT	RESULT	MEET
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FIRST PLACE FINISHES

PERSONAL BESTS	EIU RECORD BOOK
3000 meters.....	10:26.01



**CASSIE
BRADBURY**

Sprints ... Sophomore

Pawnee, Illinois
Pawnee HS

Meets Completed: 3

EVENT	RESULT	MEET
400 meters.....	1:03.29	EIU Early Bird (12/10)

PERSONAL BESTS	EIU RECORD BOOK
200 meters.....	28.33
400 meters.....	1:02.94

2021-22 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



KATE BUSHUE

Distance ... Senior

Mount Vernon, Illinois
Mount Vernon HS

Meets Completed: 4

EVENT	RESULT	MEET
800 meters.....	2:18.39	Indiana Gladstein (1/22)
Mile.....	5:01.28	OVC Indoor Championships (2/24)
3000 meters.....	10:12.15	OVC Indoor Championships (2/24)
5000 meters.....	17:19.96	OVC Indoor Championships (2/24)

FIRST PLACE FINISHES

Mile.....	5:09.49	John Craft Invite (1/15)
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PERSONAL BESTS EIU RECORD BOOK

800 meters.....	2:15.37
Mile.....	5:01.28
3000 meters.....	10:11.31
5000 meters.....	17:19.96
DMR.....	11:53.255th (2020)



LINDSEY CARLSON

Distance ... Graduate

Mount Vernon, Illinois
Mount Vernon HS

Meets Completed: 2

EVENT	RESULT	MEET
3000 meters.....	10:06.72	Grand Valley State (2/11)
5000 meters.....	17:34.25	OVC Indoor Championships (2/24)

PERSONAL BESTS EIU RECORD BOOK

800 meters.....	2:16.02
Mile.....	5:07.27
3000 meters.....	10:06.72
5000 meters.....	17:34.25
DMR.....	11:53.255th (2020)



SARAH CARR

Distance ... Sophomore

Effingham, Illinois
St. Anthony HS

Meets Completed: 2

EVENT	RESULT	MEET
Mile.....	5:27.70	EIU Friday Night (2/18)

PERSONAL BESTS EIU RECORD BOOK

Mile.....	5:27.70
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VIVICA COLEMAN

Sprints/Jumps ... Junior

Melrose Park, Illinois
Walther Christian

Meets Completed: 4

EVENT	RESULT	MEET
60 meters.....	7.79	Grand Valley State (2/11)
200 meters.....	25.84	Meyo Invite (2/5)

FIRST PLACE FINISHES

60 meters.....	7.84	EIU Early Bird (12/10)
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PERSONAL BESTS EIU RECORD BOOK

60 meters.....	7.78
200 meters.....	25.18
Long Jump.....	16-04.50 / 4.99 m

2021-22 WOMEN'S INDOOR TRACK & FIELD

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**GRACIE
COX**

Throws ... Freshman

Poplar Grove, Illinois
Belvidere North HS

Meets Competed: 0

EVENT	RESULT	MEET
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PERSONAL BESTS	EIU RECORD BOOK
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**KYLIE
DECKER**

Distance ... Sophomore

Philo, Illinois
Tolono Unity HS

Meets Competed: 5

EVENT	RESULT	MEET
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Mile	5:19.54	OVC Indoor Championships (2/24)
3000 meters.....	10:54.78	Indiana Gladstein (1/22)

PERSONAL BESTS	EIU RECORD BOOK
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3000 meters.....	10:53.68
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**MEGHAN
DONOVAN**

Distance ... RS-Junior

Naperville, Illinois
Naperville Central

Meets Competed: 1

EVENT	RESULT	MEET
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Mile	6:22.08	EIU Friday Night (2/18)
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PERSONAL BESTS	EIU RECORD BOOK
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Mile	6:22.0
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**AVANI
FLANAGAN**

Middle Distance ... Senior

Crystal Lake, Illinois
Crystal Lake Central HS

Meets Competed: 4

EVENT	RESULT	MEET
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3000 meters.....	10:34.00	OVC Indoor Championships (2/24)
5000 meters.....	18:19.86	OVC Indoor Championships (2/24)

PERSONAL BESTS	EIU RECORD BOOK
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800 meters.....	2:40.02
Mile	5:19.56
3000 meters.....	10:26.30
5000 meters.....	17:56.63

2021-22 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



**DANIELLE
FRANK**

Sprints ... Sophomore

St. Louis, Missouri
Hazelwood Central HS

Meets Competed: 4

EVENT	RESULT	MEET
60 meters.....	7.78	EIU Early Bird (12/10)
200 meters.....	25.67	Meyo Invite (2/5)

FIRST PLACE FINISHES

60 meters.....	7.78	EIU Early Bird (12/10)
60 meters.....	7.80	John Craft Invite (1/15)

PERSONAL BESTS	EIU RECORD BOOK
60 meters.....	7.678th (2020)
200 meters.....	24.481st (2020)
400 meters.....	59.84



**ALEX
GOMEZ**

Distance ... Sophomore

Rock Falls, Illinois
Rock Falls HS

Meets Competed: 4

EVENT	RESULT	MEET
Mile	5:23.15	EIU Friday Night (2/18)
3000 meters.....	10:51.69	OVC Indoor Championships (2/24)
5000 meters.....	18:54.35	Grand Valley State (2/11)

PERSONAL BESTS	EIU RECORD BOOK
3000 meters.....	10:51.69
5000 meters.....	18:54.35



**SUSAN
GRUSZKA**

Throws ... Sophomore

Peoria, Illinois
Peoria Notre Dame HS

Meets Competed: 3

EVENT	RESULT	MEET
60 meter	8.17	EIU Early Bird (12/10)
Long Jump.....	17-03.50 / 5.27 m	EIU Friday Night (2/18)
Triple Jump.....	34-11.00 / 10.64 m	EIU Friday Night (2/18)

PERSONAL BESTS	EIU RECORD BOOK
60 meter	8.17
Long Jump.....	17-03.50 / 5.27 m
Triple Jump.....	34-11.00 / 10.64 m



**JENNA
GRZESKOWIAK**

Throws ... Sophomore

St. Peters, Missouri
Lutheran HS (St. Charles)

Meets Competed: 4

EVENT	RESULT	MEET
Shot Put.....	41-01.50 / 12.53 m	EIU Early Bird (12/10)
Weight Throw	50-02.00 / 15.29 m	OVC Indoor Championships (2/24)

PERSONAL BESTS	EIU RECORD BOOK
Shot Put.....	41-01.50 / 12.53 m
Weight Throw	50-02.00 / 15.29 m

2021-22 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



**KYLIE
HAACKE**

Distance ... Freshman

Mattoon, Illinois
Mattoon HS

Meets Completed: 5

EVENT	RESULT	MEET
Mile.....	5:22.26	EIU Friday Night (2/18)
3000 meters.....	11:00.54	John Craft Invite (1/15)
5000 meters.....	18:55.15	Grand Valley State (2/11)

PERSONAL BESTS	EIU RECORD BOOK
Mile.....	5:22.26
3000 meters.....	11:00.54
5000 meters.....	18:55.15



**AUDREY
HANCOCK**

Distance ... Sophomore

Tolono, Illinois
Tolono Unity HS

Meets Completed: 2

EVENT	RESULT	MEET
3000 meters.....	11:14.51	EIU Friday Night (2/18)

PERSONAL BESTS	EIU RECORD BOOK
Mile.....	6:03.73
3000 meters.....	11:14.51



**LILY
HESS**

Sprints ... Graduate

Noblesville, Illinois
Guerin Catholic HS

Meets Completed: 2

EVENT	RESULT	MEET
60 meters.....	7.91	EIU Early Bird (12/10)

PERSONAL BESTS	EIU RECORD BOOK
60 meters.....	7.91



**RANYAH
HODGES**

Sprints ... Freshman

Harvey, Illinois
Thornton HS

Meets Completed: 0

EVENT	RESULT	MEET
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PERSONAL BESTS	EIU RECORD BOOK
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2021-22 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS

CHLOE IRISH

Distance ... Senior

De Pere, Wisconsin
West De Pere HS

Meets Completed: 0

EVENT	RESULT	MEET
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PERSONAL BESTS

EIU RECORD BOOK

800 meters.....	2:19.35	
Mile.....	5:27.99	
DMR	11:53.25 (3rd leg).....	5th (2020)



TAYLOR IVERSON

Jumps/Throws ... Sophomore

Chicago Heights, Illinois
Bloom Township HS

Meets Completed: 6

EVENT	RESULT	MEET
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Shot Put.....	40-04.00 / 12.27 m.....	EIU Early Bird (12/10)
Weight Throw	52-06.00 / 16.00 m.....	OVC Indoor Championships (2/24)

FIRST PLACE FINISHES

Weight Throw	49-06.50 / 15.10 m.....	EIU Early Bird (12/10)
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PERSONAL BESTS

EIU RECORD BOOK

Shot Put.....	40-04.00 / 12.27 m
Weight Throw	51-11.00 / 15.82 m



RYLEI JACKSON

Sprints ... Junior

Palos Heights, Illinois
West De Pere HS

Meets Completed: 3

EVENT	RESULT	MEET
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60 meters.....	8.09	EIU Friday Night (2/18)
200 meters.....	27.44	EIU Friday Night (2/18)

PERSONAL BESTS

EIU RECORD BOOK

60 meters.....	7.77
200 meters.....	25.87



AMANI JACKSON-GLADNEY

Middle Distance ... Junior

Chicago, Illinois
Kenwood Academy

Meets Completed: 1

EVENT	RESULT	MEET
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800 meters.....	2:30.60	EIU Friday Night (2/18)
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PERSONAL BESTS

EIU RECORD BOOK

600 meters.....	1:45.29
800 meters.....	2:25.22

2021-22 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS

AYSHIA JOHNSON

Jumps ... Sophomore

Downers Grove, Illinois
Downers Grove South HS

Meets Completed: 0

EVENT	RESULT	MEET
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PERSONAL BESTS	EIU RECORD BOOK
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Long Jump..... 14-04.50 / 4.38 m
Triple Jump..... 34-04.00 / 10.46 m



ZAKIYA JOHNSON

Sprints ... Sophomore

Chicago, Illinois
Kenwood Academy

Meets Completed: 5

EVENT	RESULT	MEET
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200 meters..... 25.85 EIU Friday Night (2/18)
400 meters..... 58.65 OVC Indoor Championships (2/24)

FIRST PLACE FINISHES

400 meters..... 59.64 EIU Early Bird (12/10)

PERSONAL BESTS	EIU RECORD BOOK
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60 meters..... 8.03
200 meters..... 25.69
400 meters..... 57.64 9th (2020)



MARIE KOCH

Throws ... Senior

Crailsheim, Germany
Schweitzer Gymnasium

Meets Completed: 4

EVENT	RESULT	MEET
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Weight Throw 46-10.75 / 14.29 m OVC Indoor Championships (2/24)
Shot Put..... 41-09.75 / 12.74 m EIU Friday Night (2/18)

FIRST PLACE FINISHES

Shot Put..... 41-09.75 / 12.74 m EIU Friday Night (2/18)

PERSONAL BESTS	EIU RECORD BOOK
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Weight Throw 46-10.75 / 14.29 m
Shot Put..... 41-09.75 / 12.74 m



AKIYA KOLLORE

Hurdles / Sprints ... Sophomore

St. Louis, Missouri
Normany HS

Meets Completed: 6

EVENT	RESULT	MEET
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60m hurdles..... 8.55 OVC Indoor Championships (2/24)
200 meters..... 24.59 OVC Indoor Championships (2/24)

FIRST PLACE FINISHES

60m hurdles..... 8.67 EIU Early Bird (12/10)
200 meters..... 25.61 John Craft Invite (1/15)
60m hurdles..... 8.55 OVC Indoor Championships (2/24)

PERSONAL BESTS	EIU RECORD BOOK
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60m hurdles..... 8.55
200 meters..... 24.59 7th (2020)
400 meters..... 1:00.96

2021-22 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



**ALYSSA
KOWALSKI**

Distance ... Freshman

Troy, Illinois
Troy Triad HS

Meets Competed: 0

EVENT	RESULT	MEET
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PERSONAL BESTS	EIU RECORD BOOK
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**CAROLINE
LENDY**

Jumps ... R-Freshman

Athens, Illinois
Athens HS

Meets Competed: 0

EVENT	RESULT	MEET
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PERSONAL BESTS	EIU RECORD BOOK
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**SAM
MABRY**

Middle Distance.. Junior

St. Joseph, Illinois
St. Joseph-Ogden HS

Meets Competed: 3

EVENT	RESULT	MEET
800 meters.....	2:28.01	Indiana Gladstein (1/22)
Mile Run	5:33.56	John Craft Invite (1/15)

PERSONAL BESTS	EIU RECORD BOOK
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800 meters..... 2:27.60
Mile Run 5:24.10



**TIANNI
MARSHALL**

Sprints.. Freshman

Chicago, Illinois
Kenwood HS

Meets Competed: 3

EVENT	RESULT	MEET
60 meters.....	7.94	EIU Friday Night (2/18)
200 meters.....	26.63	EIU Friday Night (2/18)

PERSONAL BESTS	EIU RECORD BOOK
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60 meters..... 7.94
200 meters..... 26.63

2021-22 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



**WHITNEY
MINOR**

Jumps ... R-Freshman

Charleston, Illinois
Charleston HS

Meets Competed: 2

EVENT	RESULT	MEET
Long Jump.....	15-00.50	EIU Early Bird (12/10)
Triple Jump.....	33-02.50 / 10.12m	EIU Friday Night Meet (2/18)

PERSONAL BESTS	EIU RECORD BOOK
Long Jump.....	15-00.50



**MADISON
MYRICK**

Jumps ... Sophomore

Flossmoor, Illinois
Homewood Flossmoor HS

Meets Competed: 5

EVENT	RESULT	MEET
High Jump	5-04.25 / 1.65 m	EIU Friday Night (2/18)
Long Jump.....	16-07.75 / 5.07 m	EIU Early Bird (12/10)

FIRST PLACE FINISHES

High Jump	5-03.00 / 1.60 m	EIU Early Bird (12/10)
High Jump	5-04.25 / 1.63 m	John Craft Invite (1/15)
High Jump	5-05.00 / 1.65 m	EIU Friday Night (2/18)

PERSONAL BESTS	EIU RECORD BOOK
High Jump	5-05.25 / 1.66 m
Long Jump.....	16-07.75 / 5.07 m



**CAROLINE
QUARTON**

Middle Distance ... R-Freshman

Litchfield, Illinois
Litchfield HS

Meets Competed: 0

EVENT	RESULT	MEET
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PERSONAL BESTS	EIU RECORD BOOK
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**DANIELLE
SCADUTO**

Throws ... Junior

Roeland Park, Kansas
Shawnee Mission North HS

Meets Competed: 0

EVENT	RESULT	MEET
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PERSONAL BESTS	EIU RECORD BOOK
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2021-22 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



CLAYRE SHAVER

Throws ... Sophomore

Highland, Michigan
Highland-Milford HS

Meets Competed: 7

EVENT	RESULT	MEET
Shot Put.....	41-10.00 / 12.75 m	EIU Early Bird (12/10)
Weight Throw	49-03.75 / 15.03 m	Meyo Invite (2/5)

FIRST PLACE FINISHES

Shot Put.....	41-10.00 / 12.75 m	EIU Early Bird (12/10)
Shot Put.....	39-08.75 / 12.11 m	John Craft Invite (1/15)

PERSONAL BESTS EIU RECORD BOOK

Shot Put.....	41-11.50 / 12.79 m
Weight Throw	47-09.00 / 14.55 m



BREANNA SHELDON

Distance ... R-Freshamn

Machesney Park, Illinois
Harlem HS

Meets Competed: 2

EVENT	RESULT	MEET
800 meters.....	2:32.08	EIU Friday night (2/18)
Mile	5:32.08	John Gladstein Invite (1/15)

PERSONAL BESTS EIU RECORD BOOK

800 meters.....	2:22.81
Mile	5:32.08



KATIE SPRINGER

Distance ... Sophomore

Delavan, Illinois
Delavan HS

Meets Competed: 4

EVENT	RESULT	MEET
800 meters.....	2:17.27	OVC Indoor Championships (2/24)

PERSONAL BESTS EIU RECORD BOOK

800 meters.....	2:17.27
Mile	5:19.77



SHANISA STINSON

Hurdles / Jumps ... Sophomore

Chicago, Illinois
South Shore International Prep

Meets Competed: 7

EVENT	RESULT	MEET
60m hurdles.....	8.59	OVC Indoor Championships (2/24)
200 meters.....	27.03	John Craft Invite (1/15)

PERSONAL BESTS EIU RECORD BOOK

60 meters.....	7.90
60m hurdles.....	8.63
400 meters.....	1:01.75
Long Jump.....	17-06.25 / 5.34 m

2021-22 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



TARYN TARQUIN

Hurdles / Jumps ... Freshman

Carlsbad, California
Carlsbad HS

Meets Competed: 5

EVENT	RESULT	MEET
60 m Hurdles	9.89	EIU Early Bird (12/10)
Long Jump.....	17-00.50 / 5.19 m.....	EIU Early Bird (12/10)
Triple Jump.....	36-08.75 / 11.00 m	Grand Valley State (2/11)

FIRST PLACE FINISHES

Long Jump..... 17-00.50 / 5.19 m..... EIU Early Bird (12/10)

PERSONAL BESTS EIU RECORD BOOK

60 m Hurdles 9.89
Long Jump..... 17-00.50 / 5.19 m
Triple Jump..... 34-01.25 / 11.00 m



HALLEE THOMAS

Hurdles ... Freshman

Danville, Illinois
Danville HS

Meets Competed: 6

EVENT	RESULT	MEET
60 m Hurdles	8.98	OVC Indoor Championships (2/24)
Pole Vault	10-10.00 / 3.30 m	OVC Indoor Championships (2/24)

FIRST PLACE FINISHES

Pole Vault 10-00.00 / 3.05 m..... EIU Early Bird (12/10)
Pole Vault 10-06.00 / 3.20 m..... John Craft Invite (1/15)

PERSONAL BESTS EIU RECORD BOOK

60 m Hurdles 8.98
Pole Vault 10-06.00 / 3.30 m



HOLLY VOGT

Jumps ... Sophomore

McHenry, Illinois
McHenry HS

Meets Competed: 3

EVENT	RESULT	MEET
Long Jump.....	16-06.25 / 5.34m	EIU Friday Night (2/18)

PERSONAL BESTS EIU RECORD BOOK

Long Jump..... 16-06.25 / 5.34m



JANE LYNN WIRTH

Distance ... Freshman

Roxana, Illinois
Roxana HS

Meets Competed: 1

EVENT	RESULT	MEET
Mile	5:50.96	John Craft Invite (1/15)
3000 meters.....	11:07.67	EIU Friday Night (2/18)

PERSONAL BESTS EIU RECORD BOOK

Mile 5:50.96
3000 meters..... 11:07.67

2021-22 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



MCKENNA WOJCICKI

Hurdles ... Sophomore

Macomb, Michigan
Macomb Dakota HS

Meets Competed: 5

EVENT	RESULT	MEET
60m hurdles.....	9.00	OVC Indoor Championships (2/24)
400 meters.....	1:01.69	EIU Friday Night (2/18)

PERSONAL BESTS	EIU RECORD BOOK
60m hurdles.....	9.88
400 meters.....	1:01.71



TAYLOR WRIGHT

Sprints... Sophomore

Frankfort, Illinois
Lincoln-Way East HS

Meets Competed: 0

EVENT	RESULT	MEET
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FIRST PLACE FINISHES

PERSONAL BESTS	EIU RECORD BOOK
200 meters.....	26.43
400 meters.....	58.62
Long Jump.....	18-00.50 / 5.50 m
Triple Jump.....	36-11.75 / 11.27 m



WHITNEY ZUMBAHLEN

Sprints ... Freshman

Newton, Illinois
Newton HS

Meets Competed: 6

EVENT	RESULT	MEET
400 meters.....	1:01.31	OVC Indoor Championships (2/24)
600 meters.....	1:42.70	Indiana Gladstein (1/22)

<u>FIRST PLACE FINISHES</u>		
600 meters.....	1:48.83	John Craft Invite (1/15)

PERSONAL BESTS		EIU RECORD BOOK
400 m.....	1:02.39	EIU Early Bird (12/10)

2020-21 WOMEN'S INDOOR TRACK & FIELD

TOP SEASON PERFORMANCES

EIU

RELAY EVENTS

4x400 Meter Relay

EVENT	RESULT	MEET
4x400 relay	3:53.03	OVC Indoor Championships (2/24)
A. Adams, Z. Johnson, Stinson, Kollore		

SEASON BEST	EIU RECORD BOOK
4x400 relay	3:53.03
A. Adams, Z. Johnson, Stinson, Kollore	

DISTANCE MEDLEY RELAY (DMR)

EVENT	RESULT	MEET
4000 DMR	13:21.43	John Craft Invite (1/15)
Decker, Springer, Sheldon, Bushue		

SEASON BEST	EIU RECORD BOOK
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2020-21 WOMEN'S INDOOR TRACK & FIELD

TOP 3 SEASON PERFORMANCES

60-METER DASH

ATHLETE	RESULT	DATE
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60-METER HURDLES

ATHLETE	RESULT	DATE
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200-METER DASH

ATHLETE	RESULT	DATE
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400-METER DASH

ATHLETE	RESULT	DATE
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600-METER RUN

ATHLETE	RESULT	DATE
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800-METER RUN

ATHLETE	RESULT	DATE
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MILE RUN

ATHLETE	RESULT	DATE
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3000-METER RUN

ATHLETE	RESULT	DATE
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5000-METER RUN

ATHLETE	RESULT	DATE
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HIGH JUMP

ATHLETE	RESULT	DATE
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LONG JUMP

ATHLETE	RESULT	DATE
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TRIPLE JUMP

ATHLETE	RESULT	DATE
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POLE VAULT

ATHLETE	RESULT	DATE
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SHOT PUT

ATHLETE	RESULT	DATE
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WEIGHT THROW

ATHLETE	RESULT	DATE
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PENTATHLON

ATHLETE	RESULT	DATE
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